

INAMDAR UNANI MEDICAL COLLEGE & HOSPITAL

Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka Approved By National Commission For Indian System Of Medicine And Health Ministry Dept. of Ayush , New Delhi

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Report on International Yoga Day Celebration 2025

On the occasion of International Yoga Day, celebrated on 21st June 2025, Inamdar Unani Medical College and Hospital (IUMCH), Kalaburagi, organized a series of events to promote the importance of Yoga for physical and mental well-being.

Awareness Rally - 20th June 2025

To mark the celebration, an Awareness Rally was conducted on 20th June 2025 from Jagat Circle to Vidhan Sabha, Kalaburagi. The rally was aimed at:

- 1. Promoting physical and mental wellbeing through Yoga
- 2. Raising public awareness about the benefits of Yoga
- 3. Encouraging the adoption of Yoga as a regular practice

Around 30 students of IUMCH enthusiastically participated in the rally, which featured:

- A peaceful march along designated routes
- Poster displays conveying health messages related to Yoga
- > Short speeches delivered by students to engage and inform the public

The participants actively prepared and presented informative content to the community, effectively conveying the significance of incorporating Yoga into daily life.

Yoga Session – 21st June 2025

On 21st June 2025, students of IUMCH assembled at Chandrasekhar Patil Stadium, Kalaburagi, at 7:00 AM to attend a large-scale Yoga session. The event witnessed energetic participation and showcased the students' dedication to promoting holistic health.

Additionally, a Yoga practice session was conducted in the college premises on 20th June 2025, followed by the official celebration of International Yoga Day on the morning of 21st June at the college.

Supervision and Leadership:

The events were conducted under the able guidance of:

Dr. Zebaakthar Riyajahammd Sayyed, Assistant Professor, Department of Kulliyat-e-Tibb

Dr. Saif Javed, Assistant Professor, Department of Ilmul Advia

The celebrations were presided over by:

Dr. Nishat Afreen Inamdar, Director/Principal, IUMCH, Kalaburagi

Dr. Qamaruzzama Inamdar, President, IUMCH, Kalaburagi

Other faculty members of the college and hospital also actively participated and supported the successful execution of the program.

> Inamdar Unani Medical College & Hospital KALABURAGI - Karnataka

INTERNATIONAL YOGA DAY AWARENESS RALLY ON 20th June, 2025











INTERNATIONAL YOGA DAY PRACTICE SESSION IN COLLEGE ON 20th June, 2025











INTERNATIONAL YOGA DAY CELEBERATION IN CHANDRASHEKHAR PATIL STADIUM, KALABURAGI ON 21st June, 2025











INTERNATIONAL YOGA DAY CELEBERATION IN COLLEGE ON 21st June, 2025









